

## Dating & Viability

### Preparation

- This is the most important of all pregnancy ultrasounds and looks for any evidence of abnormality.
- The Sonographer needs to focus on the scan and as such we ask patients to keep family members to a minimum and to provide alternative care for young children (where possible).
- It is recommended that patients wear loose comfortable clothing with easy access to the abdomen area (without zippers, buttons, jewellery or metallic accessories)
- Arrive 10-15 minutes prior to the appointment to complete paperwork.
- The patient is required to drink fluids and refrain from going to the toilet, ensuring the patient is not uncomfortably full.
- The patient is provided images of the foetus.
- We request that no photographer or video is performed during the examination.

### Procedure

- A sonographer will call the patient name and escort the patient through to the examination room
- The sonographer will provide information about the procedure prior to commencing the scan, providing ample time to answer any questions the patient may have.
- The patient will be asked to lay down on the examination table
- The abdomen is exposed and water-based gel is applied to the skin
- A transducer is glided gently over the abdomen by the Sonographer. Patients generally are able to view the image of the foetus on the imaging screen.
- The patient may be asked to perform different movements/positions during the procedure.

### Risks or Side Effects

- There are no known risks or side effects of a dating and viability scan.